

## Contact Lens Seminar

21 November 1982

Orchard Room (Mezzanine Floor)

Shangri-La Hotel

Singapore

Guest Participant: Prof Montague Ruben FRCS DOMS

Organised by: Singapore Society of Ophthalmology

### Foreword

Once every decade or so, we have the privilege to meet a distinguished figure in the Ophthalmic World. Such a figure is our guest participant - Professor Montague Ruben. His curriculum vitae read like a collection of all the major Contact Lens Societies in the world. On behalf of the participants, I welcome Professor Ruben to our shores, and thank him for agreeing to stop over in Singapore for this meeting.

I would like also to thank the Organising Committee, and Miss Patricia Lee, Miss Lee Pui Keng and Miss Wong Nguk Yin for their assistance. Special appreciation must also be given to our sponsors without whom this seminar would not have been possible.

Tremendous developments have been made in the field of Contact Lenses in the last decade. It is important that we meet periodically to exchange experiences, and to keep abreast of the latest advances. I hope that all the participants will benefit in one way or another from this seminar.

Dr C Y Khoo  
Chairman  
Organising Committee

### Our Guest Speaker

Professor Montague Ruben FRCS DOMS LRCP, is Consultant Ophthalmic Surgeon and the Director of the Contact Lens and Prosthetics Department of the Moorfields Eye Hospital in UK. He is the Clinical Teacher in Ophthalmology at the University of London and Elected professor of Contactology at Barcelona University. Professor Ruben has won several prestigious awards, amongst them the Conrad Bevens Medal and Lecture, the Champness Lecture and Medal as well as the Owen Aves Medal and Lecture. He is also a Fellow of the Royal Society of Medicine.

A world authority on Contact Lenses, Professor Ruben has held key positions in various organizations including the British Medical Contact Lens Society, the International Society of Contact Lens Research, the International Contact Lens Council of Ophthalmologists and the European Contact Lens Society of Ophthalmologists.

Professor Ruben is the Hon Editor of the Contact Lens Journal. He has also published more than 150 scientific papers and is the author of several books such as the well-received "Atlas of Contact Lens Practice", "Understanding Contact Lenses", "Contact Lens Practice" and "Soft Contact Lenses"

Programmes		
I Recent Advances		Chairman: Prof M Ruben
9.00-9.20 am	Extended-Wear Hydrogel Lenses for Aphakia	Dr Y Yajima
9.20-9.30 am	Soft Contact Lens	Mr H M Leow
9.30-9.40 am	Therapeutic Lenses	Dr C Y Khoo
9.40-9.50 am	Corneal Endothelium in relation to Contact Lenses	Dr T F Spring
9.50-10.30 am	Panel Discussion with Opening Remarks	Prof. M Ruben
Tea-Break & Viewing of Exhibits (Jasmine Room)		
II Fitting Techniques		Chairman: Mr H C

		Leow
11.00-11.10 am	Choice of Lenses	Dr D Tan
11.10-11.20 am	Basics of Hard Lens Fitting	Mr H M Leow
11.20-11.30am	Verification of Lenses	Mr K L Tan
11.30-11.40 am	Keratoconus	Dr T F Spring
11.40-12.30 pm	Panel Discussion with Open Remarks	Prof. M Ruben
Buffet Lunch & Viewing of Exhibits(Gardenia Room)(Jasmine Room)		
III Medical Complications		Chairman: Dr R Fan
2.00-2.20 pm	Some Changes in the Cornea of Contact Lens Wear	Prof. M Ruben
2.20-2.30 pm	Giant papillary Conjunctivitis	Dr T F Spring
2.30-2.40 pm	Medical Complications	Dr C Y Khoo
2.40-2.50 pm	The B.U.T Test	Mr K L Tan
2.50-3.30 pm	Panel Discussion with Opening Remarks	Prof. M Ruben
Tea-Break & Viewing of Exhibits(Jasmine Room)		
IV Care of Lenses and Follow-up		Chairman: Dr R Fan
4.00-4.20 pm	The Management of a Difficult Lens Case	Dr T F Spring
4.20-4.30 pm	Care of Lenses	Dr C Y Khoo
4.30-4.40 pm	Present Status of Intra-ocular Implants	Dr S S Tahir
4.40-5.30 pm	Panel Discussion with Opening Remarks	
7.30 pm	Dinner & Viewing of Exhibits (Orchid Room)(Jasmine Room)	

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## Report to Singapore Society of Ophthalmology Contact Lens Seminar

21st November 1982  
Dr Khoo Chong Yew

Professor Montague Ruben visited Singapore in November 1982, and our Society seized the opportunity to organize a Contact Lens Seminar with Prof. Ruben as the guest speaker. Professor Ruben is Consultant Ophthalmic Surgeon and the Director of the Contact Lens and Prosthetics Department of the Moorfields Eye Hospital in U.K.

Preparations for the seminar began as early as August 1982 when it was first known that Professor Ruben was coming. The Singapore Contact Lens Society was invited to participate, and their members decided to make Professor Ruben an honorary member. There was keen interest shown by the various Contact Lens firms to support the Seminar. Members of the Malaysian Society of Ophthalmology and the Malaysian Optometrists were also informed of the seminar, and invited to participate.

**The Organizing Committee comprised**

Chairman : Dr Khoo Chong Yew

Members : Dr Richard Fan

Dr Cheah Way Mun

Supporting secretarial help came from Dr Arthur Lim and Dr Khoo's Clinic. Much of the work was done a few days before the Seminar, in the preparation of the Registration Folders with the programmes, name-tags and invitation cards.

An interesting programme was drawn up by the organizing committee. Emphasis was placed on the practical aspects of Contact Lens Practice. Related subjects such as Intra-ocular Implants, radical Keratectomy and keratomilieusis were discussed. Every of the four sessions ended with a panel discussion with opening remarks by Prof. Ruben. We were also fortunate to have a visiting speaker from Australia - Dr Tom F. Spring who presented 4 interesting papers. Prof. Yajima from Japan also presented a paper. A copy of the programme is attached.

There were 7 Exhibitors who paid \$1,000.00 each for the use of an exhibition table in the Exhibition Room. The lunch was sponsored partially by one of the Exhibitors. The Registration Folders were supplied by a drug firm, who also took up advertising space in the programme. A copy of the accounts is enclosed. The Participants were encouraged to view the Exhibits by including in the programme time for "viewing of exhibits".

In the evening, a dinner was held with Prof. Ruben as the guest-of -honour. It was well attended by locals and by visitors from Contact Lens Firms. Most of the Malaysians, however, could not attend, as they had to catch the flight home, to be able to start work the following morning. During the dinner, the President of Singapore Contact Lens Society, Mr Leow Hock Chin, conferred on Prof. Ruben the honorary membership of the Society. Dr Khoo thanked all the participants, the exhibitors, and the secretarial staff for their participation. Certificates of appreciation were given to the visiting speakers. All participants were given Certificates of Participation.